

**BREAK
the
silence**

**LIFT
the
shame**

**SHIFT
the
blame**

**of gender-based
violence**

**16
DAYS**



Helping people like Eric tackle gender-based violence



Eric's mother had suffered years of abuse from his father. As a result she developed a mental illness and ran away. In Burundi, talking about gender-based violence is considered taboo and Eric didn't know where to turn for help.

A Mothers' Union awareness raising campaign motivated him to tell them of his mother's situation. They helped trace her and provide care during her recovery.

16 Days of Activism
25 November - 10 December

Mothers' UNION
Christian care for families